

## How Reincarnation Might Impact the Decision To Become Transgender

**A**t some point after the death of your physical vehicle, your spirit will make a decision as to whether or not another physical life on Earth is desirable.<sup>1</sup> If the decision is yes, there will be many associated decisions that must be made concerning where, with whom, and as what, you will be born. If you died by accident, you might make these decisions almost instantaneously but, in most cases, you will carefully plan your future life, taking many factors into consideration. Often, you will avail yourself of the assistance offered by spirits you view as having more experience and greater wisdom than you.

Although no spirit is omniscient, no planning process is impervious to error, and sometimes first choices are not available, generally spirits find their new life on Earth to be pretty much what they had chosen prior to birth. The environs and conditions a newly arrived spirit finds itself in are neither decreed nor immutable. Often such seemingly negative choices as poverty or bodily deformities are chosen either as learning opportunities or challenges to be overcome. Whether or not these lessons are learned and the challenges overcome is a matter of the spirit's character and the exercise of its freewill. Nevertheless, there are certain parameters that cannot be altered once the birth is accomplished. These include the location of one's birth, the identity of one's parents, one's race and ethnicity, and one's gender.

As the title of this essay indicates, it is the latter parameter that recent events call into question. And, although the idea of an "adult male predator in the little girl's room" is a baseless scare tactic, there are some aspects of the transgender controversy that do require thoughtful resolution. From a governmental

standpoint, these include: To what prison shall a convict be sent? Which shower room is off limits to which high-school gym classes? When can a private spa refuse admittance to whom? And, which officers are assigned to do full-body and cavity searches? On a more personal level, in addition to issues of health, safety, and societal acceptance, there is one question that has not yet gained prominence: What insight can be gained by viewing transgender-related issues through the lens of reincarnation?

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**Feeling like you are in unfamiliar territory doesn't mean you aren't meant to be there.**

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Is the pre-birth choice of gender ever made lightly or without much thought? Could a well-considered choice be a mistake? Can the process of selecting the new body malfunction? All these might possibly occur, but extremely rarely — certainly not as often as it seems that folk express dissatisfaction with the result.

Why such dissatisfaction exists may very well be that the spirit is attempting to experience being the opposite gender from that which the spirit was during its most recent lives. We all can change our conditions from one life to the next: from rich to poor, master to serf, gay to straight,<sup>2</sup> black to white to brown to red, and so on. If we have completed a series of lives as female, and chose to be male in the current one, it is understandable that we feel like strangers in our new bodies. But feeling like you are in unfamiliar territory doesn't

mean you aren't meant to be there; or that you shouldn't try to make accommodations with the new and get comfortable with who you are now.

Your gender was almost certainly not an accident of nature. In all likelihood, if you were born with (or without) male genitalia, you made a conscious, reasonable decision to live your life in that condition. Before choosing to countermand that decision and change

that condition, realize that you were responsible for it. To change gender post-birth is not a sin, but the act could negate a good deal of previous planning and effort on your part.

Know that, when this life is concluded, you will judge yourself on how well you met the challenges you set for it.



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<sup>1</sup> Those readers who do not accept this statement as fact will benefit immensely from reading *Defending Bridey's Honor: The Reality of Reincarnation*.

<sup>2</sup> See the book, *Sex After Death*, especially page 13.

<sup>3</sup> It may possibly be relevant to readers that the author, despite being a white male in his seventies, has always been supportive of gays, lesbians, and bisexuals. Yes, even some of his good friends are!