

Dying To Meet Each Other

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While almost all regression therapists have concentrated on revealing the previous earth-lives of their subjects, Michael Newton, Ph.D., has chosen a different, and apparently more difficult, route that makes him a pioneer among pioneers. Dr. Newton has developed and implemented regression techniques that allow his subjects to remember the time spent *between* lives — the time spent in “heaven.” From this has sprung a new branch of regression therapy called LBL, for Life-Between-Lives therapy.

LBL patients paint remarkably consistent pictures of the afterlife, pictures that neither reflect their religious upbringing nor fulfill their prior expectations. It is difficult to imagine any explanation for this universal agreement except that the memories are what they claim to be — accurate portrayals of a real afterlife.

Beyond their inner consistency, we have, of course, no way of confirming the descriptions of lives between lives. One of Newton’s cases is especially evidential of reincarnation in that it involves two living subjects relating the same story of a past-life incident from two different perspectives.

Maureen and Dale were born near San Francisco, California, almost at the same time; but if they were supposed to live together the fates must have screwed up somehow because they took 50 years to find one another. By then, they were living 3,000 miles apart and had to make their connection in a computer chat room; a room dedicated, appropriately enough, to discussions of life after death. Almost immediately they felt a strong affinity for each other and found that they had an unusual amount in common. Dale had read Dr. Newton’s first book and he and Maureen agreed to undergo regression sessions to see if they were friends or lovers in the past.

During Maureen’s session, she relived being a woman named Samantha who is getting ready for her 18th birthday party in 1923. She lives near San Francisco, and the party is in a downtown mansion. When she is moved forward to the party, she tells of dancing with her boyfriend Rick and drinking the liquor that he and his friends smuggled into the party. Rick suggests that they need to be alone and so they sneak out of the house by a side entrance and drive away in his red roadster. For awhile, she feels the warm wind in her hair and the joy of being with the man she loves. But the man she loves is paying more attention to the woman he loves than to the road ahead. He is driving too fast and, when they encounter a sharp curve on the Pacific Coast Road, the car goes over a cliff.

When Dale was regressed, he told the same story from Rick’s point of view, the only difference being that his soul abandons his body as the roadster falls through the air, whereas Samantha tells of dying in the cold ocean water.

In follow-up discussions, both Dale and Maureen spoke of being strangely uncomfortable driving on certain roads around San Francisco. It is important to note, however, that neither Dale nor Maureen, prior to their sessions, had any idea of being Rick and Samantha or of dying in an auto accident. Dale had only flown out to meet Maureen for the first time in person on the day before they met with Dr. Newton. Each was regressed individually and privately and they did not discuss their experiences in the interim between Maureen’s session and Dale’s.

Discussion

An analysis of this case, and more details, may be found on pages 164-168 of *The Survival Files*.

For Further Information

See Newton's books: *Journey of Souls*, *Destiny of Souls*, and *Life Between Lives: Hypnotherapy for Spiritual Regression*.

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