



Survival Top 40 — Case #21 — ESS = 268

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The Numbers Of The Beast

During a training demonstration in Brazil, Dr. Netherton regressed a young woman suffering from agoraphobia (the fear of being in open places). Starting when she was 16 years of age, her fears had steadily grown until she was very uncomfortable when not near her home and she trusted only her immediate family. [See case #20, "Death In The Garment District" for information on Dr. Netherton]

While regressed, she recalled a life that ended in a Nazi concentration camp. According to her story, when she arrived at the camp, a guard burned an identification number into her arm. As she told of this, she suddenly began screaming and clutching at her arm. Netherton noticed red welts appearing on the woman's arm. These began to resolve themselves into numbers. An elderly psychologist sitting nearby jumped up and rolled up his sleeve to show similar numbers that had been burned into his arm at just such a camp. The man was so excited that it took awhile for Dr. Netherton to calm him down so that the session could continue.

During this session, the recalled personality gave numerous facts identifying herself, her family, and the camp. She said that she died after suffering through several months of exposure to the harsh elements there.

The numbers on the subject's arm faded away when the session ended. But, an assistant at the demonstration had taken a photograph of the numbers and an inquiry was made by sending only that identification number to the Holocaust Museum in Israel. The report sent back by the museum described a young girl whose name, birth date, parent's name, village of birth, and date of death perfectly matched the facts given by the subject.

According to Dr. Netherton, the experience "changed the young lady's feelings, and she began returning to her normal life."

For Further Information

See *Past Lives Therapy* by Morris Netherton and Nancy Shiffrin, 1978.